

Youth Mental Health First Aid Training

Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations.

**Thursday,
December 1, 2022**

8:30am - 4:00pm

CESA 5

Registration Fee:

**\$150 for CESA 5 Safe and Healthy
Schools Members**

\$250 for Non-Members

Click logo to register

or visit cesa5.org/events



REGISTRATION QUESTIONS:

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